



2019 Board Breaking Tournament

January 19 @ OMDK 9:00am

Register by January 12, 2019



	Fee	Participant #1	Participant #2	Participant #3	Participant #4	Total \$
Name						
Age						
Rank						
Gup/Dan #						
Dojang						
Email						
Competition Fee	\$25					
Late Fee After Jan. 12	\$10		X	X	X	
Discount				-\$10	-\$10	-\$10
Total \$						\$

ALL COMPETITORS WILL RECEIVE THREE AGE APPROPRIATE BOARDS.

Each participant will be scored based on the following criteria: **1. Moo Do Shim Gong:** intensity, focus, Kihap (yell) and Shi sun (eye focus). **2. Moo Do Jaseh:** Discipline & respect in the process, stances and completion of technique. **3. Ki Sul:** Difficulty of the technique and result (break). Competitors will be divided by age and rank. Medals will be awarded for 1st, 2nd & 3rd place in each division. Additional awards will be presented for Moo Do Jaseh and Moo Do Shim Gong.

I do hereby release Oregon Moo Duk Kwan and all others associated with producing this event in any capacity for any liability due to injuries, etc., that I may incur as a result of my attendance or participation. I clearly understand that participation in this event could involve bodily injury. I am fully aware of my personal medical condition and hereby certify that I am mentally and physically fit to participate in the event for which I have registered and that I have the medical coverage or personal means to cover the expenses. I permanently waive any compensation for photos, videos, media coverage, etc. of me that may be utilized by Oregon Moo Duk Kwan.

Participant's Signature _____ Guardian's Signature (if under 18 years old) _____